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Dear parents & carers,

Edibles – Sweets infused with Cannabis Oil

Schools have been made aware that students and young people are being offered **edibles or sweets infused with THC** or Cannabis on some social media platforms.

We and the Healthy Young People Southwark team are particularly concerned after thirteen young people in Camden were recently admitted to hospital after consuming sweets infused with THC.

As the amount of cannabis in the sweets can vary greatly and other harmful drugs may be added, the effects of consuming edibles are unpredictable and it can be easy to accidentally take a larger dose.

We know that edibles take between 1-3 hours to have an effect because food is absorbed into the bloodstream differently. Which means young people may end up consuming larger amounts of the sweets if they don't think it has worked. Thereby making overdosing with **edibles** a great risk!

The risks when consumed may include: elevated heart rates, increased anxiety or panic attacks, fainting, uncontrolled vomiting or hallucinations.

To help protect all our young people, we ask that you monitor sweets or **edibles** that may be given to your child, you look out for unusual signs or symptoms and seek immediate medical advice if your child is in distress.

We will continue to inform, advice and guide our students through PSHE lessons, assemblies and tutor sessions; and we trust that you will not hesitate to get in touch with us if you have questions or comments related to the above concerns.

Yours sincerely,

Yomi Adewoye
Headteacher



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