

SEAL

Curriculum map

YR7-YR9

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
	Unit: Respect <ul style="list-style-type: none"> Defining respect Developing a shared vocabulary to explain what respect means Respecting yourself and others What respectfully disagreeing means to you Applying respectfully disagreeing to real life situations Understanding what diversity means Why/how the UK is culturally diverse How diversity has impacted on popular culture Showing respect 	Unit: Ambition <ul style="list-style-type: none"> Understanding what ambition is Developing a shared vocabulary to explain what ambition means Explaining barriers that need to be faced in order to achieve ambitions or dreams Exploring the fact that success in any field requires dedication, determination and self-belief Understanding they key qualities that underpin success Identifying key personal strengths, skills and traits Defining personal goals and consider what is needed to achieve this 	Unit: Resilience <ul style="list-style-type: none"> To understand the meaning of resilience Developing a shared vocabulary to explain what resilience means Reflection on own resilience Identifying areas of development for resilience Understanding the skills required to be a resilient person Understanding and applying the ABC Model of Resilience Identifying common thinking traps and creating alternatives Applying alternative thinking to own challenges Identifying own positive characteristics that help to be resilient Applying strategies to promote more resilient thinking 	Unit: Growth <ul style="list-style-type: none"> What do we mean by growth Developing a shared vocabulary to explain what growth means Identifying changes in attitude bringing about growth Understanding growth mindset Applying a growth mindset to a range of scenarios Identifying how to apply a growth mindset to support personal growth 	Unit: Excellence <ul style="list-style-type: none"> What is excellence? To understand what we mean by excellence To develop vocabulary and a shared meaning To understand that excellence is an attitude To be able to think of examples where I can apply this to my learning To understand the difference between talent and mastery To be able to identify examples of talents that I have that I could apply this to. To be able or reflect on my own attitudes towards learning and my relationships with others 	Unit: Changes and Transitions (not linked to SEAL Promise) <ul style="list-style-type: none"> Year 9s transition preparation to SILS4 Year 7s & 8s transition preparation to new year groups and/or new schools