

KS4 Health and Social Care Curriculum map

YR10 & YR11

	AUTUMN 1	AUTUMN 2 & SPRING 1	SPRING 2	SUMMER 1 & SUMMER 2
Year 10	<p>Topic Understanding human growth and development across life stages and the factors that effect it.</p> <p>Knowledge Covered Understanding the Key aspects of 4 areas of development and the differentiation of the 6 life stages</p> <p>Life stages:</p> <ul style="list-style-type: none"> • Infancy (0-2) • Childhood (3-8) • Adolescence (9-18) • Early adulthood (19-45) • Middle Adulthood (46-65) • Later adulthood (65+) <p>Development (PIES):</p> <ul style="list-style-type: none"> • Physical • Intellectual • Emotional • Social 	<p>Topic Investigate how individuals deal with life events</p> <p>Knowledge Covered Understanding of the different Physical, Social and Cultural and Economic factors that affect a person's growth and development.</p> <p>Expected life events:</p> <ul style="list-style-type: none"> • Giving birth and parenthood • Job • School • Relationships <p>Examples of unexpected life events:</p> <ul style="list-style-type: none"> • Illness • Accidents • Divorce • Bereavement • Redundancy <p>Sources of support:</p> <ul style="list-style-type: none"> • Formal • Informal 	<p>Topic Understand the different types of Health and Social Care and barriers to accessing them</p> <p>Knowledge Covered Gaining a knowledge of Primary, Secondary and Tertiary Health Services and an understanding of Allied Health Professionals and Social Care Services.</p> <p>Students will need to look at a range of different Health care and Social care services and consider how each one will support the needs of individual service users.</p>	<p>Topic Demonstrate care values and review own practice Review own performance</p> <p>Knowledge Covered Consider and demonstrate how the different Care Values can be applied in a situation:</p> <ul style="list-style-type: none"> • Empowerment • Promoting independence • Promoting Dignity • Maintaining Confidentiality • Safeguarding • Taking an anti-discriminatory approach <p>Evaluate own performance</p>

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2 & SUMMER 1	SUMMER 2
Year 11	<p>Topic Factors that affect Health and Wellbeing</p> <p>Knowledge Covered</p> <ul style="list-style-type: none"> • Genetic Inheritance • Diet and Exercise • Recreational Drugs • Personal hygiene • Relationships • Religion • Economic situation • Employment • Housing conditions 	<p>Topic Interpreting Health Indicators</p> <p>Knowledge Covered Understanding Physiological and Lifestyle Indicators:</p> <ul style="list-style-type: none"> • blood pressure • peak flow and BMI measurements • interpreting information regarding smoking, alcohol consumption and lifestyle choices. <p>Person-centred care:</p> <ul style="list-style-type: none"> • personalised support based on an individual's needs and preferences. 	<p>Topic Person Centred Health and Wellbeing Improvement Plan</p> <p>Knowledge Covered Make use of SMART Targets:</p> <ul style="list-style-type: none"> • Specific • Measurable • Achievable • Realistic • Time <p>Long term targets:</p> <ul style="list-style-type: none"> • 6 months plus - something that can be achieved over a year or so <p>Short-term targets:</p> <ul style="list-style-type: none"> • something that an individual can work towards within 6 months 	<p>Topic Focus on exam technique and exam practice across the terms and addressing gaps from Assessment 1</p> <p>Knowledge Covered</p> <ul style="list-style-type: none"> • Address gaps from exam sitting 1. • Focus on exam technique and exam practice. 	<p>Exam</p> <p>Final Exam</p>



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