

Safeguarding: How to keep safe during out of school hours?



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Safeguarding is about ensuring that everyone is safe from harm – safe from bullying, safe from people who could abuse, safe from discrimination or harassment – and that we all feel safe in our environment. We recognise that growing up today you may face many different pressures but we have a duty of care to support you through these. If you are ever concerned about your safety or wellbeing or about a friend, talk to someone.



NSPCC
HELPLINE
0808 800 5000
help@nspcc.org.uk

TEXT: 88858
Channel Islands Number: 0778 620 0001
(networks standard message rate applies)
www.nspcc.org.uk/helpline

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Which numbers to call in an emergency / non-emergency

999 Emergency services for urgent assistance (Police, Ambulance, Fire, Coastguard, Mountain Rescue)	112 Same as 999
	111 NHS medical non-emergencies
	101 Police non-emergencies



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